



PATIENT SURGERY INFORMATION PACKET

PATIENT INFORMATION

Your Surgery has been scheduled for:

Date: _____ Time: _____ AM PM

Please arrive at the Center promptly at: _____ AM PM

Surgeon's Name: _____

Phone Number: _____

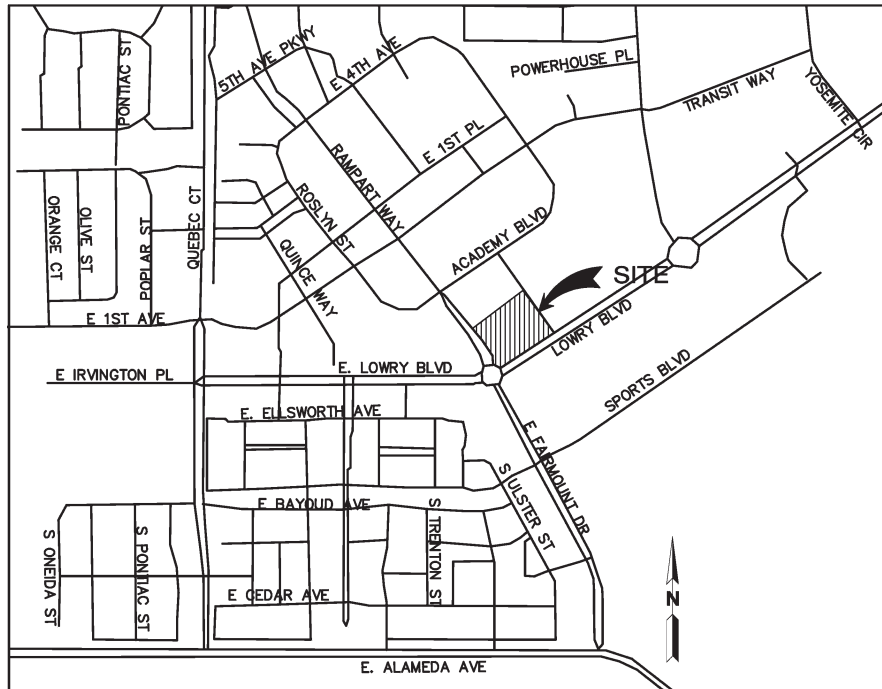
Patient's Name: _____

Special Instructions: _____

This is your packet which will prepare you for your procedure. Please read the "Patient Information Sheet" today.

Your procedure is scheduled at:
Lowry Surgery Center
8101 E. Lowry Boulevard, Suite 100
Denver, CO 80230
(303) 366-5656
Fax (303) 366-5657
www.lowrysurgerycenter.com

- **Do not eat or drink anything after midnight the day of your surgery**; undigested food can cause serious complications. Failure to follow any of these instructions may cause your surgery to be postponed or canceled. Please call Lowry Surgery Center if you have any questions.



VICINITY MAP
N.T.S.

- **Patient Co-payments, Co-Insurance and un-paid deductibles are payable at the time of service. Payment plans are available upon request**; Visa, MasterCard, Discover, American Express, cash and personal checks are accepted forms of payment.
- Care credit plans are available.

PATIENT INFORMATION

Welcome to Lowry Surgery Center. Your doctor has scheduled your upcoming surgery at our facility. Lowry Surgery Center performs a broad range of outpatient and short stay surgical procedures. Specialties include General Surgery, Orthopedics, Podiatry, Ophthalmology and Pain Management.

Lowry Surgery Center combines experience with a technologically advanced facility that includes beautiful extended-care rooms. Our warm, comfortable, outpatient setting enables you to return home on the same day to recuperate in familiar surroundings.

Our center offers a safe, convenient, high quality alternative to inpatient or outpatient hospital care. Lowry Surgery Center is fully certified and licensed by both the State of Colorado and the Medicare program. Lowry Surgery Center serves the greater Denver Metropolitan area, including Denver, Arapahoe and Adams counties. The facility is located in the Lowry development area at 8101 East Lowry Boulevard, just east of Quebec and Alameda. This location makes it convenient for patients and doctors traveling from any direction. This pamphlet is designed to help you prepare for your surgery. If you have any questions, please feel free to call us at (303) 366-5656.

HOW IS THE SURGERY CENTER DIFFERENT FROM A HOSPITAL?

Because a hospital must be staffed and equipped to treat all types of medical problems, it provides a much broader range of services than your current needs may require. Since the surgery center is designed exclusively for short stay surgery, we are able to offer patients a convenient, comfortable and generally less costly alternative to the hospital.

The center's warm surroundings and the increased level of individual attention from our staff minimizes the stress often associated with surgery. Our pleasant atmosphere is particularly helpful in easing the fears of children who are scheduled for surgery. The center is similar to a hospital in three respects:

- Your surgeon is supported by a highly skilled team of registered nurses and medical technicians specially trained in surgical and recovery care.
- Our surgical suites and sophisticated equipment are like those of a large hospital.
- If scheduled, Board Certified Anesthesiologists will be involved in your care and will be visiting with you upon admittance.

HOW CAN I PREPARE FOR MY SURGERY?

Careful attention to the following instructions will help to ensure your comfort and reduce the possibility of complications.

- **Do not eat or drink anything after midnight the day of your surgery**; undigested food can cause serious complications. Failure to follow any of these instructions may cause your surgery to be postponed or canceled.
- **Bathe or shower the morning of surgery** to minimize the chance of infection.
- Remove all make-up, nail polish, jewelry and piercings. Leave all valuables at home. We also suggest that you wear casual, loose clothing, especially when procedures involve the extremities. During surgery, you will wear a patient gown provided by the center.
- **If you are scheduled for a general anesthetic or sedation**, you must arrange for an adult to drive you home. We also recommend that an adult stay with you for the first night following surgery. A member of our staff will be happy to contact the person you designate when you are ready to leave. If you are from out of town, you may be asked to spend the night in the metropolitan area.
- **Limit the number of people who accompany you to the center.** To maximize the comfort of all visitors, we suggest that adult patients be accompanied by only one person. However, we do welcome both parents of the pediatric patient to remain at the center throughout surgery.
- **If you experience any health changes prior to the day of surgery**, please notify your surgeon. Report even minor changes, such as an elevated temperature, cough or cold.
- **Refrain from smoking** after midnight the day of your surgery.
- **If you suspect that you are pregnant**, please notify your surgeon. Anesthesia and medication may be harmful to the developing fetus.
- **Please bring your insurance card(s), a picture ID and any financial obligation due** at the time of service. This will facilitate the admitting process.
- **If we have not reached you 2 days prior to surgery to review your medical history**, pre-operative instructions and financial arrangements, please call the center.

WHAT SHOULD I EXPECT WHEN I ARRIVE AT THE CENTER?

On the day of the surgery, you should arrive at the center no less than one hour before surgery to allow for admitting and pre-operative preparation. Your time of arrival might vary depending on your surgeon's wishes. You will also be asked to sign Consent to Treatment form, which acknowledges your permission for the physicians and facility to care for you. If the patient is a minor, this form must be signed by a parent or legal guardian.

Please be sure to arrive promptly at the time noted on the front of your packet.

MY CHILD IS SCHEDULED FOR SURGERY -

ARE THERE SPECIAL ARRANGEMENTS FOR PEDIATRIC PATIENTS?

Since the prospect of surgery can be frightening to a young child (and also to the child's parents), our staff makes every effort to alleviate the fears of both parent and child. You and your child are invited to get acquainted with our staff and facilities. Please call for an appointment.

We also recognize that a parent's presence can provide a great source of comfort for the pediatric patient. For this reason, we encourage you to stay with your child in the preoperative area prior to surgery and in the recovery room following surgery.

We do welcome both parents of the pediatric patient to remain at the center throughout surgery. However we recommend that siblings do not accompany pediatric patients. If your child is having surgery, feel free to bring his or her favorite stuffed animal or security blanket for added reassurance.

WHAT HAPPENS AFTER MY SURGERY?

After surgery, you will be moved to our fully-equipped recovery room, where you will remain under close observation by an anesthesiologist and our recovery room nurses. Although the length of stay post-operatively varies according to the type of procedure and your surgeon's instructions, many patients are discharged one to two hours after surgery.

WHAT PRECAUTIONS SHOULD I TAKE AFTER I AM HOME?

Your surgeon will provide post-operative instructions regarding diet, rest and medications. The center will provide you with a written summary of these instructions. We suggest that you pamper yourself for the first 24 hours following surgery, and arrange for an adult friend or relative to stay with you.

Since it is normal to feel drowsy after receiving an anesthetic, we also recommend that you postpone the following activities for 24 hours after discharge:

- Driving and operating equipment
- Signing important papers
- Making significant decisions
- Drinking alcoholic beverages or taking any drug without your surgeon's approval

If you have any unexpected problems, please call your surgeon. A nurse from the center will contact you after your surgery to check your progress and answer any questions you might have.

HOW ARE MY FINANCIAL ARRANGEMENTS HANDLED?

A single pre-determined fee is charged for each type of procedure, thus providing a reasonably accurate estimate of your cost in advance. The fee includes medications, standard supplies and the use of the operating and recovery rooms. However, implantables, special-order supplies and durable medical equipment are in addition to our standard fees and billed separately to your insurance provider. Upon your arrival at the center, you will meet with a member of our admitting staff to finalize these arrangements. You will be billed separately for your surgeon's services, as well as for the services of the anesthesiologists, and if applicable, pathologist, radiologist and surgical assistants. Laboratory tests ordered for you will also be handled separately. Most short-stay medical procedures are covered by standard medical insurance. Patients may be asked for a partial payment on admission to the Center, which could include copays, deductibles and coinsurance. However, full payment is required at the time of admittance for non-covered procedures and for patients who do not have medical insurance. Lowry Surgery Center offers a variety of payment plans and self-pay discounts for your convenience. Visa, Mastercard, Discover, American Express, cash and personal checks are accepted forms of payment.

WE WELCOME YOUR SUGGESTIONS!

The goal of everyone at Lowry Surgery Center is to deliver premium care in an environment most relaxing for the patient. No one is better qualified to measure our success than a former patient. Please complete the confidential Patient Evaluation Form and return it within ten days. This allows us to be made aware of any new concerns or complications.

We recognize that you have a choice when it comes to your surgery. Thank you for allowing us to provide you with a new standard of excellence.